



### **Therapy via Electronic Communication Informed Consent Supplement**

There are certain aspects of therapy via electronic communication that Rinda Smith wishes to make you aware of. Rinda's phone and online therapy with the same commitment to excellence and confidentiality as face-to-face therapy. Rinda maintains separate files for your personal health information and her therapy notes. This offers extra protection for you, the client.

#### **Interstate Therapy via Electronic Communication Place of Counseling—Indiana**

All states require mental health providers to be licensed in the state(s) where they practice or receive supervision by a licensed professional of the same state. At the present time, there is no agreement regarding standards for interstate counseling, although there has been a legal precedent that establishes the state holding the license as the actual place that the counseling occurs. Rinda Smith is a Licensed Social Worker (LSW) in the state of Indiana.

Because state standards may differ from one another, by choosing to enter into therapy with Rinda Smith, whose state of Indiana may be other than your own, you understand and accept that there is no guarantee of receiving professional counseling as defined by the governing bodies and professional standards set within your own state of residency. Furthermore, by choosing to enter into a session with Rinda Smith, whose practice may be outside of your state of residency, you have chosen to receive counseling via electronic communication, instead of traveling to the state in which Rinda Smith is legally licensed to receive supervision to practice.

#### **Anonymity**

Because Rinda Smith must know who you are and have accurate contact information, she will be unable to work with anyone who insists on maintaining anonymity.

#### **Age Requirement**

Rinda Smith provides therapy via electronic communication only for those over 18 years of age.

#### **Procedures Should You and Rinda Encounter Technical Difficulties or Disruptions in Service**

While communicating by Internet or other electronic means, disruptions in service or other technical difficulties might occur from time to time. Should a disruption occur at a time of crisis, you, the client, agree to immediately phone Rinda Smith at 256-497-4790.

#### **Confidentiality**

100% security for electronic correspondence cannot be guaranteed. By agreeing to correspond via the internet, you, the client, are acknowledging the potential security risks. You, the client, are encouraged to protect your own confidentiality by controlling access to your communications with me. (ie. by using passwords only known by you, controlling access to your computer, deleting data on a timely basis, etc.)

#### **Cancellation Policy**

**Rinda requires a 24-hour notice for cancellations of a session, and failure to do so can result in full charges for the missed appointment. No shows and late cancellations will be charged at the time of originally scheduled appointment.**

#### **Rescheduling**

**The most effective way to reschedule appointments is to use text messaging (256) 497-4790 or email [rinspirelifecoaching@gmail.com](mailto:rinspirelifecoaching@gmail.com)**

**Client's Signature \_\_\_\_\_ and Date \_\_\_\_\_**